

Guest Speaker: Shirley Nelson • September 28, 2014 • 10:30 a.m.

Look at every path closely and deliberately.

Try it as many times as you think necessary.

Then ask yourself, and yourself alone...

Does this path have a heart?

If it does, the path is good.

If it doesn't, it is of no use.

~ Carlos Casteneda

***What Are You Living For?
Ten Keys to Cultivating a Conscious Connection to Your Inner Guide***

Open your heart

Surrender

Admit you don't know what to do

Realize that it's not figure-outable

Ask for help from your Inner Guide

Watch for interference patterns

Stay alert for a different type of thought

Tune-in

Visualize

Pay attention to your energy

