

Angela Parra-Newman

Angela is a living example of what positive thinking and living can do in your life if you take those concepts to heart. She attributes her positive attitudes to the ideas presented by authors such as Dr. Wayne Dyer and Norman Vincent Peale, as well as the Out of the Matrix course taught by Rev. Tony Senf and Chris Lauretig (co-founders of the course). While these all held important concepts for Angela, her critical turning point came when she encountered a work by Byron Katie, entitled *Loving What Is*. From this book and the course, as well as her own life experiences, Angela learned that it was all within her to live a more positive life.

Angela lives in Cleveland, Ohio with her husband of 22 years. She is currently living and growing as a Reiki Master as well as the head of the Children's Church at the Unity Center of the Heights in Cleveland Heights, where she teaches positive thinking and living to the children. She holds an Associate's degree in Liberal Arts, as well as Bachelor's and Master's degrees in History. She taught in the Cleveland Public Schools as well as other public and private schools.